

Extramus is an Italian non-profit organization, founded in 2019 by Antonio Gallo under the slogan "Experience-Travel-Erasmus". Our organization provides international mobility, specialized in Erasmus + traineeship programs for higher education students. We are glad to inform you that Google has recently approved us for their Google for non-profit program. Since the very beginning, we are located in Terranova Da Sibari, in the north of Calabria in Italy.

The vision of this project is to promote students' skills through Erasmus internship in order to build an international and professional mindset.

The main goals of Extramus is to:

- Provide relevant experience for the future introduction of our interns to the labor market.
- Create a community of like-minded people in Europe through Extramus.
- Provide a unique and innovative Erasmus experience through learning experiences.
- Create the perfect conditions for the personal and intellectual development of our interns
- EXTRAMUS provides internships in various fields like Digital Marketing, European Project Management, Business & Analysis, Human Resources, and IT. Through these programs, students can improve their soft and technical skills which are essential for their future career life. All of these teams are always welcoming to new students with new vision and creativity that promote our company in the long term. Along with challenging business projects, we also offer different social and cultural experiences, excursions, language courses, completion certificates, and recommendation letters.
- EXTRAMUS is located in a safe, small town where students can easily afford low life costs. We also help students for their relocation to Italy and help in finding accommodation. Please note that we do not charge any direct fees from students for our services.

ASSOciação Inspira! - Intervenção juvenil e ambiental

'Associação Inspira!' is a youth non-governmental organization focused on environmental education and youth intervention. Evolving from an informal group, we are over 30 youth associates, working for the social and ecological development of our region and the empowerment of its young people. We aim to socially improve education and opportunity on youngsters and young adults, by stimulating their sense of initiative and entrepreneurship. For that, we use non-formal education and intervention tools to promote actions on social inclusion, gender equality, employability, volunteer work, structured dialogue and intercultural education, mobilizing young people to make a change in our region para-digm.

Based on a small town in the northern hills of Portugal, we face a very isolated society, known for its closed mind, resistance to innovation and low contact with the exterior. With our environmental education programs and activities, both on schools and informal situations, alongside with the youth mobility and intercultural exchange projects, we aim to develop a more open background on our society, with a healthy and sustainable mentality and, that way, socially educate a region that is suffering from its isolation and the desertion of youth professionally qualified individuals that find it not stimulating and opened enough and with few opportunities for them.

Always with a "young group that does stuff in the community" spirit, we have been mobilizing ever more and more local young people as volunteers and associates, building volunteer groups and encouraging them into creating and leading their own intervention actions. This has been having a huge impact in our small-minded local society, that has never understand the concept of volunteering or civic participation and that has a lot of stigmas towards young people, seeing them as apathetic, irresponsible and incapable individuals, that local mentality being one of the main contributions for the ever growing desire to leave the town and region on our youth.

Erasmus+ KA210 Empowering Women in the Cases of Both Natural and Human-Made Disasters Doğal ve İnsan Kaynaklı Afetlerde Kadınların Güçlendirilmesi 2023-1-TR01-KA210-YOU-000152539

In this project coordinated by Manisa AFAD, there are a total of 4 partner countries. These countries are Turkey, Portugal, Italy, and Greece. The common goal of these organizations working in the field of youth education is to raise awareness of the issues faced by 18-30 year old women who are more vulnerable to the damages caused by disasters and emergencies due to gender inequality, and to propose solutions to these problems. The project idea emerged from this need. Women face many challenges during disaster processes, from security to health. The extent to which these individuals are affected by disasters is associated with various factors such as their environment, education, family structure, and the education level of their immediate surroundings. Women who cannot make decisions alone in their social environments and cannot engage in activities are negatively affected by basic disasters such as earthquakes and floods due to the lack of basic skills. Additionally, due to biological differences, women have less physical strength compared to men, so they can develop their muscle structure to some extent by engaging in non-strenuous household chores. Furthermore, during disaster cycles, women experience emotional health problems due to gender roles; it is observed that mothers, whose right to speak is hindered and who are seen as the foundation of household responsibility, emotionally suppress themselves to stay strong. By encouraging women's participation in decision-making processes and adopting an education-focused approach, these problems can be addressed. With this project, we aim to contribute to the empowerment of women in disaster cycles by raising awareness of the issues they face and increasing their resilience through solutions to these problems.



The Goal of the Project

As Manisa Provincial Disaster and Emergency Directorate, in our project 'Empowering Women in the Cases of Both Natural and Human Made Disasters'; with our partners from Portugal, Italy and Greece; under 4 transnational activities, we want to empower 3750 young women in terms of disasters and emergencies, prepare them for disaster risks and give them disaster awareness

Activities to be Implemented

In the Preparation/Opening Meeting-Material Preparation Activity, the process will be planned and project materials will be prepared; in the Disaster Awareness Instructor Training Activity, the participants will be given disaster trainer training; in the Practice and Evacuation Training-Sharing Good Practice Examples Activity, the practice will be made in 2 university dormitories and good practice examples will be shared, and the project will be planned to be disseminated in the Final Activity.

Project Results

Many practices cannot become sustainable in settlements under disaster risk. In order to achieve this, providing a more proactive, participatory and gender sensitive disaster management that evaluates women's capacities, and sociocultural restrictions that prevent women's freedom of movement and work increase disaster vulnerabilities and risks. We want to increase the level of knowledge of 3750 women about disasters with 4 transnational activities that we will do in 18 months.



MANİSA AFAD

We are one of the 81 provincial branches of AFAD (Ministry of Interior, Disaster and Emergency Management Presidency) located in Manisa, Türkiye. We mainly aim to prevent disasters and minimize disaster-related damages, plan and coordinate post-disaster response and promote cooperation among various government agencies and non-governmental organizations. We coordinate and manage disasters and help survivors to get their lives back on track. We as Manisa AFAD, remain committed to developing necessary strategies and serving people in need at home and abroad. Focusing on risk management, we are working hard to provide effectiveness and reliability in service delivery in disaster management. Although we have just 60 staff including chemical, biological, radiological and nuclear threats experts, fishermen, search and rescue technicians, engineers and ICT experts, in fact we have been planning, directing, supporting, coordinating and effectively implementing the necessary activities in order to prevent disasters and mitigate disasters, respond to disasters and complete post-disaster recovery thanks to our volunteers' endeavour. We are proud that we have thousands of volunteers two hundreds of which have completed all the trainings by us.



GOALIVE

The Youth Organization "European Initiative for Youth Empowerment, Awareness and Wellbeing" with the distinctive title "GO Alive" is a non-governmental / non-profit organization based in Kozani and operates in Western and Central Macedonia.

Statutory purposes of the organization are:

- The educational, professional, cultural and spiritual empowerment and development of young people (mainly those with reduced opportunities due to social, economic or geographical barriers) and the improvement of their skills and abilities, facilitating active citizenship, employability and their transition to the labor market.
- Supporting the mobility of young volunteers, trainees and workers and promoting youth work and youth initiatives.
- The promotion of mindfulness, wellness, health and a balanced lifestyle, with an emphasis on prevention and active/healthy ageing.
- The spread of voluntarism, freedom, democracy, human rights, the equality of the two friends, social integration and solidarity, human dignity, the role of the active citizen and the European ideal to create a better future for the European youth, through the cooperation of different social groups of different nationalities, in the context of serving society as a whole.
- The dissemination and support of the European Youth Card.
- The promotion of youth mobility abroad and across borders, the organization of local actions and interventions, as well as the use of new mass media.
- The promotion of the values of non-formal education with a participatory character and informal learning, which contribute to the socio-educational development of individuals, but also education at all levels, especially to people who have left it prematurely due to circumstances.
- The implementation of action plans against poverty, unemployment and social marginalization, especially of people belonging to vulnerable groups (immigrants, Roma, refugees, people with special needs).
- The implementation of programs to upgrade the quality of life of man and to protect the social and natural environment.
- The promotion of social entrepreneurship and the development of research, specialization and innovation.

The youth organization "GO Alive" is the result of the transnational youth initiative GO Alive, implemented by the partnership of the Italian organization "VulcanicaMente", the Portuguese organization "Pista Magica" and the youth coordinator group "GreeksOdysseus". The project was financed by the European program Erasmus+, through the Foundation for Youth and Lifelong Learning.